

**METHOD AND MOBILE STATION FOR ENABLING A  
PREFERRED SLOT CYCLE**

**Abstract of the Disclosure**

5           In accordance with the preferred embodiments of the present invention, a method  
(400) and a mobile station (160) for enabling a preferred slot cycle are described herein.  
The mobile station (160) monitors for transmission from a base station (140) via a  
communication resource (210) based on an operating slot cycle index (SCI)  
corresponding to an operating slot cycle. The mobile station (160) generally includes a  
10   receiving unit (320), a transmitting unit (330) and a controller (340). The receiving unit  
(320) receives control information associated with slot cycles operable by the base station  
(140). The controller (340) is operable to adjust the operating SCI to a preferred SCI in  
response to a trigger event. The preferred SCI corresponds to a preferred slot cycle. The  
transmitting unit (330) transmits the preferred SCI to the base station (140) so that the  
15   mobile station (160) is in communication with the base station (140) via the  
communication resource during a slot, which reoccurs based on the preferred slot cycle.